

# Pricing Chart

	VIP	Workout PLUS	Nutrition PLUS	Just Workouts	Just Nutrition	Accountability
Initial Questionnaire	✓	✓	✓	✓	✓	✓
Introductory Video Meeting	✓	✓	✓	✓	✓	✓
Exercise Programming	✓	✓		✓		
Nutrition Guidance	✓		✓		✓	
Accountability	✓	✓	✓			✓
Weekly Phone Check-In	✓	✓	✓	✓	✓	
Movement Feedback	✓					
Unlimited Messaging	✓	✓	✓			✓
Continuing Education	✓					
	<b>\$199</b> Monthly	<b>\$149</b> Monthly	<b>\$149</b> Monthly	<b>\$99</b> Monthly	<b>\$99</b> Monthly	<b>\$49</b> Monthly